

(Patient Instructions continued)

3. **MUGA Scans** - Wear comfortable exercise clothing and footwear. Do not eat a heavy meal prior to the test.
4. **Thyroid/Parathyroid Scans** - Nothing by mouth 8 hours prior to the test (after midnight for morning scans; after 8 a.m. for afternoon scans). No seafood should be eaten for 3 days prior to the study. Patients must stop taking all thyroid medications and any other medications containing iodine for 2 to 4 weeks prior to the test. This should be coordinated and supervised by your referring physician.
5. **Whole Body Scans** - No seafood should be eaten for 3 days prior to the scan. A pregnancy test must be done by your referring physician prior to the study and faxed to Woodburn Nuclear Medicine. For patients having a whole body scan, their TSH reading should be above 35.
6. **Hepatobiliary Scans** - Nothing by mouth, including water, for 8 hours prior to the scan.
7. **Captopril Renal Scans** - Certain anti-hypertension medications must be stopped for two days under the supervision and care of your referring physician. One hour before the scan, you will be given Captopril medication orally, and then your blood pressure will be monitored.
8. **Milk Scan** - Nothing by mouth for 4 hours prior to the scan. Bring the baby's usual meal in a bottle, and bring an additional empty bottle.
9. **Gallium Scans** - These scans require no preparations, however, there is a longer waiting period for the tracer to be absorbed by the body. You will receive an injection, and then, depending on the individual case, be asked to return 24, 48 or 72 hours later to be scanned.
10. **Gastric Emptying / Meckel's / Sestamibi Breast** - Nothing by mouth 4 hours prior to the test.
11. **Strontium/Samarium** - Your most current CBC and Bone Scan results must be faxed to Woodburn Nuclear Medicine prior to your scan.
12. **Positron Emission Tomography (PET) Scan** - Nothing by mouth for at least 12 hours before your appointment, but you may drink water and continue to take any prescribed medications. If you have diabetes, you should speak with one of our physicians. Your glucose level should be about 100 mg/dl.
13. **I-131 Therapy** - Nothing by mouth for 4 hours prior to the scan. A pregnancy test is required in female patients.

Directions to Woodburn Nuclear Medicine
3289 Woodburn Road, Suite 060
Annandale, VA 22003
703-698-0666
Fax 703-573-6120

Route 495 South - Exit 51 (Gallows Road) - straight across Gallows Road onto Woodburn Road to the first building on the left.

Route 495 North - Exit 51 (Gallows Road) - left on Gallows Road, left onto Woodburn Road to the first building on the left.

